In Virginia, parents have the right to opt out of Family Life. If this form is not returned to your child's school prior to Family Life Instruction, your student will receive Family Life Education.

Family Life Middle School (6-8) "**OPT OUT**" PROCEDURE FORM

Topic	VA SOL	Grade Topic Taught	Opt Out
Puberty	6.1,6.2,6.3,6.6,7.2, 8.1	6th, 7th, & 8th	●
Baby Growth & Development	6.6	6th	●
STD's	8.11 & 8.14	8th	●
Sex, Self Respect, & Social Media	7.5, 7.6	7th	●

Family Life VA SOL's:
https://www.doe.virginia.gov/teaching-learning-assessment/instruction/family-life-education

Following careful review of Suffolk's Family Life Education Curriculum and Program, I want my child to be "opted out" of the checked objectives/topics. I understand that this Opt Out form only covers the _____ school year. An alternative assignment for equal credit will be assigned to meet the student's individual needs. **1 Form Per Student.**

PRINT Child's Name _____ Grade: _____
Last First Middle Int.

School: _____ PE Teacher: _____

PRINT: Parent/Guardian(s) Full Name: _____

Parent/Guardian(s) Signature: _____ Date Signed: _____